## THE ADVANCE CARE PLANNING

## ORBIDEL GAME Nun-nothing

Nun- nothing Gimel- all Hey- half Shin- add one

## **RULES:** Take the number of players and multiply by 4 categories.

You will fill out 1 slip of paper for each category times the number of players (i.e. If there are 4 players, you will fill out 4 slips in each of the 4 categories).

## THE CATEGORIES ARE:

- **Category #1**: Who would you trust to speak for you if you could no longer speak for yourself?
- Category #2: Name the people you want at your side when you are ill
- **Category #3:** One song/book/poem/quote etc. that highlights what is important to you
- Category #4: Share a treatment decision that you would/wouldn't want if you were seriously or terminally ill

Nun - You do nothing. The person on your left reads 1 slip from any category aloud

Gimel - You won. Read 1 slip of paper from each category aloud Hey - You get half. Read 1 slip from half of your categories aloud (these can be random)

Shin - You lost. Share one thing that you would like people to consider when you're seriously ill that didn't make it onto a slip of paper

Play until all the slips have been read or, if you are enjoying, say things in the categories that weren't included on your original slips of paper. If you need to conclude the game, each player should read all of his/her slips.

Center for Jewish End of Life Care





